



**Wyoming Cardiopulmonary Services, P.C.**  
1230 East First Street, Casper, Wyoming 82601  
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## 2 DAY NUCLEAR CARDIAC STRESS IMAGING PRE-TEST INSTRUCTIONS

Patient Name: \_\_\_\_\_ is scheduled for the following nuclear procedure:

- 2 Day Nuclear isotope chemical (LEXISCAN) test
- 2 Day Nuclear isotope TREADMILL test
- 2 Day Nuclear isotope chemical (DOBUTAMINE) test

Referring Dr: (please print): \_\_\_\_\_ Date of test: \_\_\_\_\_ Time of test: \_\_\_\_\_

### FOLLOW THESE INSTRUCTIONS CAREFULLY OR YOUR TEST MAY BE RESCHEDULED

#### Day 1 & Day 2:

- **NO CAFFEINE:** including all decaffeinated and caffeine-free beverages such as coffee, teas (including green and white), chocolate, all diet and regular Pepsi, Coke, Dr. Pepper, Sunkist Orange soda, Mountain Dew, and root beer. If unsure check product label. Do not take Anacin or Excedrin, and migraine medications with caffeine in them.
- **NO SOLID FOOD FOR AT LEAST 4 HOURS BEFORE YOUR TEST UNLESS YOU TAKE INSULIN:** If on insulin take your normal morning dose with a light breakfast (1 slice of toast and juice). Non-caffeinated liquids are okay to drink. Come hydrated, this is helpful when receiving an IV.
- Take medications as usual unless instructed otherwise.
- IF YOU REQUIRE OXYGEN: bring enough with you to last throughout the test.
- BRING A LIST OF YOUR MEDICATIONS: bring medications with you that you might need, including inhalers.
- Wear a comfortable short sleeved top and appropriate shoes if you are having a treadmill test.
- Please enter our south building via the lower entrance at door #2 and check in with the receptionist.

#### Day 1:

When you arrive for your appointment, you will be given an injection; you will then have about one hour to go eat. When you return you will lie under a camera for about 20 minutes.

This is all you do for the first day. You may eat normally the rest of the day (except NO caffeine). At the end of your test on Day 1 the technologist will provide you with a **specific time** to return the next day for Day 2 of the test.

#### Day 2:

When you arrive for your appointment, an IV will be started and you will have the other half of the test done. Please plan on 2 – 3 hours for this portion of the test.

If you have any questions or concerns, please call our office at 307-266-3174 or 800-445-3501.



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