



**Wyoming Cardiopulmonary Services, P.C.**  
1230 East First Street, Casper, Wyoming 82601  
(307)266-3174 1-800-445-3501 Fax: (307)266-3177

## CARDIAC STRESS TEST INSTRUCTIONS

Patient Name: \_\_\_\_\_ is scheduled for a Cardiac Stress Test (Regular ETT)

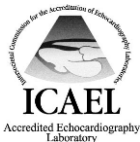
Patient Date of Birth: \_\_\_\_\_

Referring Provider: (please print): \_\_\_\_\_ Date of test: \_\_\_\_\_ Time of test: \_\_\_\_\_

### FOLLOW THESE INSTRUCTIONS CAREFULLY OR YOUR TEST MAY BE RESCHEDULED

- **NO CAFFEINE THE DAY OF TEST:** including all decaffeinated and caffeine-free beverages such as coffee, teas (including green and white), chocolate, all diet and regular Pepsi, Coke, Dr. Pepper, Sunkist Orange soda, Mountain Dew, and root beer. If unsure check product label. Do not take Anacin or Excedrin, and migraine medications with caffeine in them. If you take medications called Persantine (dipyridamole), Theophylline or Aggrenox, do not take the day before
- **NOTHING TO EAT FOR 4 HOURS BEFORE YOUR TEST**
- **DO NOT TAKE YOUR BETA-BLOCKER THE DAY BEFORE AND THE DAY OF YOUR TEST (24 hours)**  
♥Metoprolol, Atenolol, Coreg, Labetolol, Propranolol, Inderal, Lopressor, Toprol, Sotalol; Unless your cardiologist or provider instructs otherwise.
- **Wear comfortable shoes, you will be on a treadmill!**

Please enter the north building at door #1 and check in with the receptionist. If you have any questions or concerns, please call our office at 307-266-3174 or (1-800) 445-3501.



Wesley Hiser, M.D., F.A.C.C.  
Robert Novick, M.D., F.A.C.C.  
Allan Wicks, M.D., F.A.C.C.

John Pickrell, M.D., F.A.C.C.  
Adrian Fluture, M.D., F.A.C.C., F.S.C.A.I.  
Oleg Ivanov, M.D., F.A.C.C.

Arienne Staffileno, F.N.P.-C.  
Nicolas Steffen, F.N.P.-B.C.