



Wyoming Cardiopulmonary Services, P.C.
 1230 East First Street, Casper, Wyoming 82601
 (307)266-3174 1-800-445-3501 Fax: (307)266-3177

NUCLEAR CARDIAC STRESS IMAGING PRE-TEST INSTRUCTIONS

Patient Name: _____ is scheduled for the following nuclear procedure:

- | | | | |
|--------------------------|--|--------------------------------|--------------------------------|
| <input type="checkbox"/> | Nuclear isotope chemical (LEXISCAN) test | <input type="checkbox"/> 1 day | <input type="checkbox"/> 2 day |
| <input type="checkbox"/> | Nuclear isotope TREADMILL test | <input type="checkbox"/> 1 day | <input type="checkbox"/> 2 day |
| | ** See medication instructions below | | |
| <input type="checkbox"/> | Nuclear isotope chemical (DOBUTAMINE) test | <input type="checkbox"/> 1 day | <input type="checkbox"/> 2 day |
| | ** See medication instructions below | | |

**** See 2 DAY NUCLEAR CARDIAC STRESS IMAGING PRE-TEST INSTRUCTIONS FOR 2 DAY TESTS**

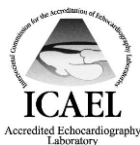
Referring Dr: (please print): _____ Date of test: _____ Time of test: _____

This test gives information about blood flow to your heart muscle and helps the doctor determine if there are blockages in your coronary arteries. There are three parts to the test: resting images, the actual test where your heart is stressed and post-stress images. Expect some waiting periods in between sessions and please **plan to be here for 2 – 4 hours**. If you are scheduled for a 2 day procedure, your test will require 2 consecutive days to complete. Please see 2 Day Nuclear Stress Test Form for test instructions.

FOLLOW THESE INSTRUCTIONS CAREFULLY OR YOUR TEST MAY BE RESCHEDULED

- **NO CAFFEINE THE DAY BEFORE AND DAY OF TEST:** including all decaffeinated and caffeine-free beverages such as coffee, teas (including green and white), chocolate, all diet and regular Pepsi, Coke, Dr. Pepper, Sunkist Orange soda, Mountain Dew, and root beer. If unsure check product label. Do not take Anacin or Excedrin, and migraine medications with caffeine in them. If you take medications called Persantine (dipyridamole), Theophylline or Aggrenox, do not take the day before or the day of this test.
- **NOTHING TO EAT FOR AT LEAST 4 HOURS BEFORE YOUR TEST UNLESS YOU TAKE INSULIN:** If on insulin take your normal morning dose with a light breakfast (example: 1 slice of toast and juice).
- Non-caffeinated liquids are okay to drink. Come hydrated, this is helpful when receiving an IV.
- **IF YOU ARE HAVING A TREADMILL OR DOBUTAMINE TEST and take a beta-blocker:** **DO NOT** take your beta-blocker **THE DAY BEFORE AND THE DAY OF YOUR TEST** (Metoprolol, Atenolol, Coreg, Labetolol, Propanolol, Inderal, Lopressor, Toprol, and Sotalol) – unless your cardiologist or physician instructs otherwise.
- **IF YOU REQUIRE OXYGEN:** bring enough with you to last throughout the test.
- **BRING A LIST OF YOUR MEDICATIONS:** bring medications with you that you might need, including inhalers.
- Wear comfortable, short sleeved top and appropriate shoes if you are having a treadmill test. If you have surgically implanted **breast implants** please call our office before your test as a different test may need scheduled.

Please enter our south building via the lower entrance at door #2 and check in with the receptionist. If you have any questions or concerns, please call our office at 307-266-3174 or 800-445-3501.



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